

2021 Annual Report

Behavioral Health Services



Table of Contents

2	Letter from the Director
3	About DBHS
4	2020-2021 Highlights
6	DBHS COVID-19 Response
7	Behavioral Health Initiative
12	CARE Campus Services
17	DWI Services
20	What's Next

Letter from the Director



As we embark on a new fiscal year, we are very proud to share the successes of the previous year in light of the challenges the community has encountered. Our department, along with our community providers and partnerships, have been on the front lines for the past 19 months. Together, we have had a laser focus on the behavioral health needs of the community. Although there have been struggles, we have been able to continue to expand and provide needed supports to our community. This annual report is an opportunity to share our success and growth.

The Behavioral Health Initiative has now served more than 52,000 people in more than 30 programs. It has transformed the way individuals with behavioral health conditions are treated in our community. We are fortunate to have supportive county leaders and elected officials who recognize the importance of delivering an enhanced system representing meaningful change to serve with skill and care our most vulnerable residents. The dedicated staff and all of our partners continue to carry out this mission while utilizing the best tools and evidence-based practices to address our most pressing needs and ensure accountability throughout the process. We have been able to cultivate new partnerships and collaborations, built upon existing partnerships that have demonstrated their successes and challenges in an effort to enhance services.

The CARE Campus is in the last leg of a significant renovation that has provided us the opportunity to enhance the existing services while expanding to create a system of care that is comprehensive and compliments the work that is currently taking place in the community. Our CARE Campus staff members have been providing quality and safe 24/7 supports for individuals with emergent substance use and mental health concerns throughout the pandemic and in the face of significant contraction and evolving service provision. As a CARF-accredited facility, it has enhanced service provision to maintain the CARF standard of quality, value, and optimal outcomes of services. These accomplishments are a result of the commitment of the DBHS staff, who enhance performance, manage risk, and continue to focus service delivery on the needs of our target population.

During this new fiscal year, we will continue to expand our reach. We have strengthened our partnerships with local government and systems of care to bolster our efforts and alter the landscape of behavioral health services. We are proud of our successes and we look forward to the challenges that lay ahead.

These are just a few of the numerous successes we have accomplished this year at DBHS, many of which are outlined in the report. We thank our county leaders, elected officials, staff, subcommittee members, and partners - as well as the public - for recognizing the value of a community that looks out for its most vulnerable members. We remain committed to facilitating and delivering services with care and compassion in the hope of improved outcomes for Bernalillo County and area residents.

Best regards,

A handwritten signature in black ink, reading "Margarita Chavez-Sanchez".

Margarita Chavez-Sanchez

About Us



Mission

To improve behavioral health outcomes in Bernalillo County through innovative, cohesive and measurable programs, treatment services, and supports aimed at preventing crisis incidents and substance use disorders.

The Department of Behavioral Health Services (DBHS) functions as a part of the Public Safety Division of Bernalillo County. The department's responsibility is to:

- provide oversight of the Behavioral Health Initiative;
- provide oversight of the Comprehensive Assessment and Recovery through Excellence (CARE) Campus supports; and
- administer and oversee the New Mexico Department of Finance & Administration's Driving While Intoxicated prevention efforts.

The Department addresses behavioral health needs in the community by leveraging local and federal resources, securing integrated behavioral health supports, and building collaborations with an array of partners. Those partners include, but are not limited to, county and city leaders, service systems (schools, universities, hospitals, health centers, detention centers, courts, and law enforcement), funders, providers, advocacy groups, community organizations, persons at risk, persons served, persons in recovery and their families, colleges, universities, and state and national organizations.



Through the establishment of the Behavioral Health Initiative, the department is able to establish and support community-based programs that address the prevention, intervention, stabilization, and emergent needs of the community. Program oversight, data analysis, and service evaluation of funded supports help to identify target populations and best practices, as well as measure the effectiveness of implemented programs.



The department's direct-care services, which are based on the CARE Campus, strive to meet the behavioral health needs of a vulnerable population. The campus, originally known as MATS, traditionally provided substance use supports. However, the department has expanded the campus

to build a comprehensive behavioral health program. The department's strategic growth aims to ensure that programmatic supports on the CARE Campus are addressing emergent needs, filling gaps in service provision, and complementing the work of the Behavioral Health Initiative and existing community-based supports.

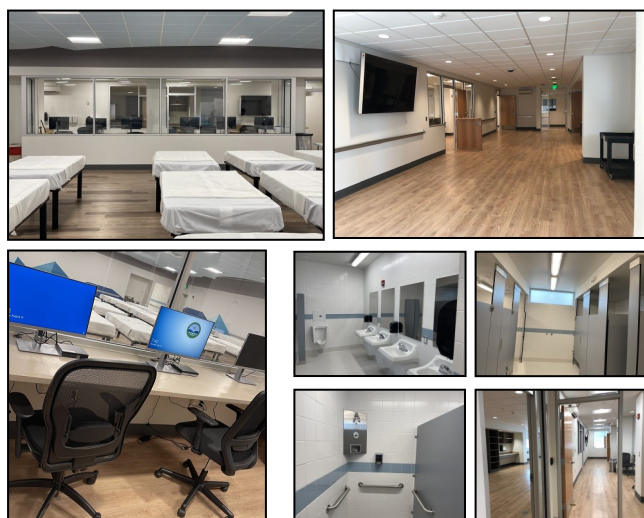
2021-2022 HIGHLIGHTS

Campus Updates

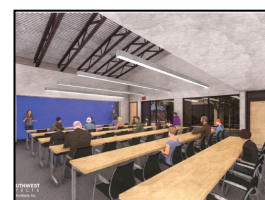
New Detox Unit

On September 2, 2021, The CARE Campus opened the doors of the new Detox Unit. The new unit allows for additional space and increased safety features. Renovated bathrooms and showers give clients the dignity and comfort they deserve during their recovery journey.

The renovations also include semi-private rooms for individuals who are further along in their detox and have reached a level of increased mental and physical stability. This added program component allows for additional client privacy. Additionally, the new unit design increases health and safety measures for clients and staff. A centralized nursing/staff station allows for consistent clear line of site.



Anti-ligature fixtures and equipment, new beds for clients, and a centralized pharmacy are among the features. The modifications allow for increased safety, privacy, and comfort, which promote a sense of dignity for clients and a greater opportunity for client engagement in services.

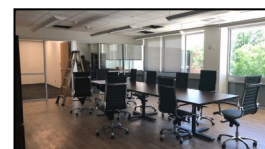


Campus Redesign-Service Expansion

Renovations on the CARE Campus are ongoing with anticipated completion in FY22. Phase I of renovations included the aforementioned Detox Unit and administrative offices.

Phase II, which is ongoing, has reached a level of significant completion. It includes the establishment of an Observation and Assessment Unit, a Peer-Based Living Room Program, an outpatient clinic, and a new training facility.

DBHS administration is in the later program development stages for program scope of work and implementation.



Department Recognitions

DBHS is recognized by the Council of State Governments Justice Center and the National Council of Counties as a **Stepping Up Innovation Site**. It is the recipient of the **National Achievement Award** by the National Association of Counties and the **National Council for Behavioral Health Innovation Award of Excellence** from the National



Council for Behavioral Health (NATCON).

The Commission of Accreditation of Rehabilitation Facilities (CARF) has awarded

DBHS a **CARF three-year accreditation** for the following direct care programs at the CARE campus: Crisis Stabilization Unit, Detoxification Program, and Supportive After Care Program. The department's demonstration of annual conformance to quality has been submitted and approved by CARF administration.



Technology Innovations

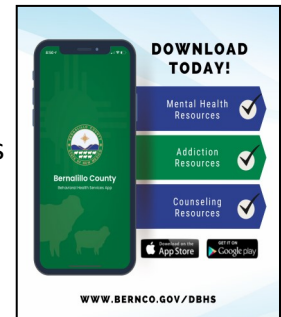
NetSmart



The new DBHS Netsmart Client Management System went live in August 2021 and will be utilized to manage electronic client records at the CARE Campus and Resource Re-Entry Center. The system allows for increased management of client data and reporting and increased efficiency and communication. All staff have completed training on system use. Management continues to work with Netsmart leadership to ensure all systems meet the needs of the department.

Behavioral Health Services Mobile App

The DBHS Behavioral Services mobile application (app) has been gaining ground since its August 2021 launch. It's a tool for community providers and members to have quick access to Behavioral Health Services throughout Bernalillo County. Additionally, the application has geolocation technology that allows users to view supports in their immediate location. The application is available for download on Android and iPhone.



Grant Opportunities

Continuum of Care Grant

The purpose of the Department of Housing and Urban Development's Continuum of Care grant is to provide funds to house homeless individuals and families while minimizing the trauma that dislocation and homelessness causes to individuals, families, and the community. Renee's Project provides supportive housing assistance and case management services for homeless women who have children and are recovering from drug and/or alcohol addiction. Participants receive workable solutions, interventions related to independent living, and development of a community-based support network designed to strengthen and preserve the family unit.

Comprehensive Opioid Abuse Site-Based Program

The purpose of the program is to plan, develop, and implement comprehensive efforts to identify, respond to, treat, and support those impacted by the opioid epidemic. Bernalillo County will use grant funds to expand access to treatment and recovery supports across behavioral health, primary care, criminal justice, and emergency management services. The county and its partners engage in comprehensive planning. The grant provides opportunities for mobile harm reduction services staffed by medical personnel and two case managers. It also increases medication-assisted treatment (MAT) for off-reservation urban Native Americans and other vulnerable populations.

Comprehensive Opioid, Stimulant, and Substance Abuse Program (COSSAP) Grant

The COSSAP grant is a pass-through grant from the State of New Mexico to expand the Law Enforcement Assisted Diversion (LEAD) pre-arrest diversion program. LEAD allows police officers to divert individuals to intensive case management in lieu of arrest for low-level nonviolent crimes driven by substance use disorders and other unmet behavioral health needs. The goal of the COSSAP grant is to reduce the impact of opioids, stimulants and other substances on individuals. The program expands the pre-arrest LEAD model to include law enforcement and community social contact referrals.

State Opioid Response Grant

The program aims to address the opioid crisis by increasing access to medication-assisted treatment for opioid use disorder, reduce unmet treatment need, and reduce opioid overdose-related deaths through the provision of prevention, treatment and recovery activities.

Collaborative Interdisciplinary Evaluation and Community Based Treatment Grant

The CONNECT program, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), identifies youth and young adults up to 25 years old who are at risk for psychosis. It provides evidence-based interventions to prevent the onset, or lessen the severity of, psychotic disorder. Clinical and evaluation services are provided by the Health Sciences Center, University of New Mexico Hospitals.

DBHS COVID-19 Response

The department, much like the rest of the world, continues to cope with the effects of the coronavirus, most notably seen in an increased need for behavioral health services. The CARE Campus provides direct-care services 24 hours a day, seven days a week. The department partners with community-based providers to ensure access to care, and it is a vital contributor to overall COVID-19 response efforts.



Efforts to provide vaccinations to public safety staff and the community have allowed for the department to increase our ability to serve the community. Currently, 86% of all department staff are fully vaccinated, with increasing numbers of staff now receiving the coronavirus booster. Although we continue to be vigilant in our efforts to prevent the spread of the coronavirus as directed by the CDC, the state of New Mexico, and Bernalillo County, vaccination efforts have allowed for us to return to seminormal practices.

The CARE Campus has remained open throughout the pandemic and currently has been able to increase client services. However, we continue to remain at reduced capacity in comparison to pre-COVID operations. Detox, Supportive Aftercare, and PIIP program staff continue to practice appropriate social distancing and have implemented reasonable changes to increase safety, such as:

- Staggering bed patterns and meal schedules;
- Requiring all staff, contractors, and clients to continue to use masks, virtual communication, and other practices to reduce staff gatherings;
- Installing and maintaining technology for virtual delivery of supports such as AA, journaling, and yoga;
- Modifying intake procedures, with guidance from our University of New Mexico Hospitals (UNMH) partner and in accordance with CDC recommendations, to include COVID-19 screening and client monitoring;
- Partnering with community agencies to ensure access to testing and vaccinations;

In June 2021, the department welcomed the return of telework staff to the office with modified schedules, which includes a combination of varying hours and telework days.

DBHS CARES Grant

During the fall of 2020, DBHS facilitated the Behavioral Health Provider Coronavirus Aid, Relief, and Economic Security (CARES) Grant. The grant offered one-time \$10,000 grants to qualifying behavioral health providers to help them cover costs such as employee wages, vendor bills, and telehealth expansions. A total of \$448,500 was awarded to behavioral health providers.



Behavioral Health Initiative

Bernalillo County is continually working to ensure there is a strong continuum of care for individuals (and their families) who live with behavioral health conditions. In 2014, Bernalillo County Commissioners (BCC) approved the Behavioral Health Gross Receipt Tax, which funds the county's Behavioral Health Initiative (BHI). The BHI utilizes .00125% of gross-receipts tax in order to create a behavioral health care system that utilizes partnerships within the community to leverage resources, expand services, and improve access to care. The BHI seeks to invest in changing lives, promoting health, and building a strong network of care so that no one falls through the cracks.

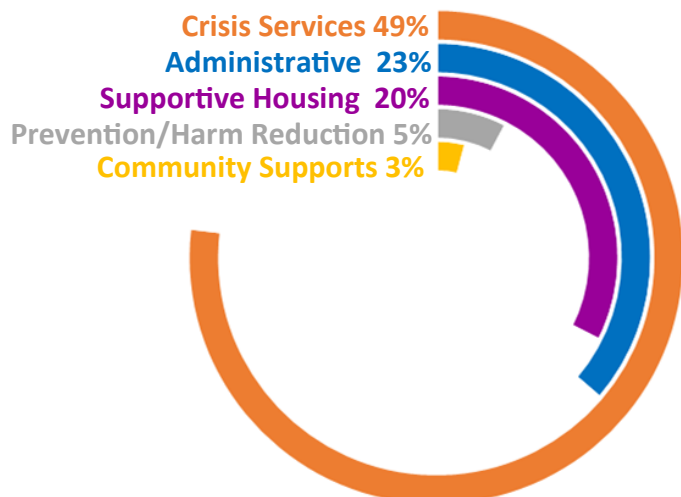
Prior to the procurement process, all BHI-funded programs are based on community input during which proposals are vetted in four subcommittees, a steering committee, the Albuquerque Bernalillo County Governmental Committee (ABCGC), and the Bernalillo County Commission (BCC). The BHI focuses on **four main priority areas**:

Crisis Services	Improve response for individuals in psychiatric or substance use crisis and diversion to appropriate service.	Community Supports	Improve response for individuals in psychiatric or substance use crisis and diversion to appropriate service.
Supportive Housing	Ensure individuals with behavioral health needs are stably housed.	Prevention, Intervention & Harm Reduction	Prevent substance use and severe psychiatric distress through early identification and treatment.

BHI Fiscal Year 2021 Allocations

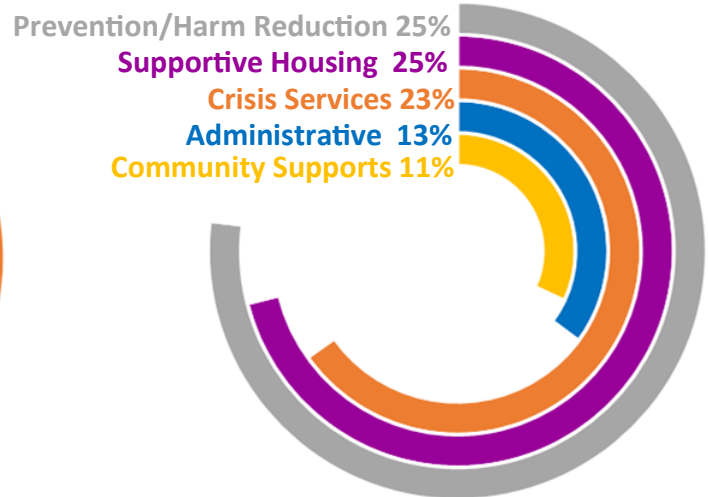
FY21 Non-Reoccurring Funding

\$62,940,827.00



FY21 Reoccurring Funding

\$21,680,510.67





BHI: Community Supports

Established Supports	Provider (s)	Funding	# of Individuals	Support Hours Provided
Peer Support Drop-In	Albuquerque Center for Hope & Recovery New Day	\$300,000 annually recurring	1,083	9,148
Peer Case Management	Centro Sávila	\$620,000 annually recurring	2,796	4,373
Pending Implementation	<ul style="list-style-type: none"> • Peer Supports for Aging Population • Living Room Model Program 		<ul style="list-style-type: none"> • Outpatient Clinic • Forensic Assertive Community Treatment 	

Program Highlights

Outpatient Clinic



Through a collaboration with the University of New Mexico Hospital, the CARE Campus Outpatient Clinic, which is scheduled to open in FY22, will provide evidence-based comprehensive dual diagnosis treatment to individuals 18 years old or older. It will utilize a multidisciplinary treatment team approach.

Supports Include

- Assessment, treatment services, crisis stabilization, and discharge.
- Clinical Therapist, Peer Support Worker(s), and Case Managers.
- Medication-Assisted Treatment.
- Co-located with a Living Room Program.

Through a collaboration with the City of Albuquerque, Forensic Assertive Community Treatment (FACT) will provide intensive wrap-around services for justice-involved individuals who are living with a serious mental illness (SMI) and/or co-occurring disorder.

Supports Include

- High level wraparound services.
- Cognitive behavioral interventions and skill development.
- Multidisciplinary team members will include service providers in employment, substance use, peer support, criminal justice, and forensic peer specialists.

Forensic Assertive Community Treatment





BHI: Supportive Housing

Established Supports	Provider (s)	Funding	# of Individuals	case management hours provided
Community Connections	Crossroads for Women UNM Hospital Bernalillo County Housing Department	Bernalillo County: \$2.7 million annually City of Albuquerque: \$500,000 annually	1,083	9,148
Youth Transitional Living	Casa Q Youth Development Inc. New Day Serenity Mesa	\$620,000 annually recurring	2,796	4,373
Pending Implementation	<ul style="list-style-type: none"> • Single Site (Multi-Family) • Single Site (Individuals) • Safe Home for Sex Trafficked Youth 			

Program Highlights

Single Site (Individuals)



Collaborative Partners :

City of Albuquerque, National Housing Trust Fund, Mortgage Finance Authority, and HopeWorks.

Single-site permanent housing provides housing for single adults ages 18 and older who are homeless/precariously housed and who have been diagnosed with a behavioral or substance use and/or serious mental illness requiring an increased level of service to maintain housing stability.

Supports Include

- 42 (405 square feet) ADA-accessible one-bedroom housing units.
- On-site services & community spaces.
- Staffed 24-hours a day, including security.
- Application period currently open!

Single Site (Multi-Family)

Single-site permanent housing provides housing for families who are homeless/precariously housed and who have a diagnosable behavioral or substance use and/or serious mental illness.

Supports include

- 45 one/two bedroom, one/two bathroom units.
- Courtyard for community gathering centrally located and accessible.
- Easy access to on-site supports, such as case management, medical and behavioral health services, non-medical transportation, etc.





BHI: Prevention, Intervention & Harm Reduction

Established Supports	Provider (s)	Funding	Individuals	Service Hours/ Outcomes
Adverse Childhood Experiences	New Day AMI Kids All Faiths Centro Sávila Cuidando Los Niños First Nations PB&J Youth Development Inc.	\$3,000,000 annually recurring	1,083	9,148
Training and Education	MI Training Consultants BC Community Health Council Serna Solutions All Faith's NAMI NM Black Leadership Council ARCA	\$1,000,000/year 3yrs non-recurring	16,146	1,696
Suicide Prevention	Centro Sávila First Nations Albuquerque Public Schools	\$1,000,000 annually recurring	7,910	1,010: Trainings 331: Counseling sessions
Community Engagement Team	Youth Development	\$1,000,000 annually recurring	27	103: Referrals
Pending Implementation	<ul style="list-style-type: none"> • Mobile School Based Health Centers 			

Program Highlight

Community Engagement Teams



Collaborative Partners:

Youth Development Inc.

Community Engagement Teams (CET), implemented in June 2021, provide non-emergent, pre- and post-crisis intervention support to individuals living with mental illness and substance use disorder. CET is a peer-to-peer support system that is focused on enhancing the development of natural supports, as well as coping and self-management skills.

Supports Include

- Short-term crisis outpatient services.
- Engagement with peer support within 24 hours.
- Services coordination, peer case management, family peer support, and clinical services.
- Provided in the comfort of the individual's home and/or communities.
- Supports that reduce involvement in the criminal justice system and emergency mental health systems whenever possible.



BHI: Crisis Supports

Established Supports	Provider (s)	Funding	Individuals	Service Hours / Outcomes
Mobile Crisis Teams	Albuquerque Police Department Bernalillo County Sheriff Office Bernalillo County Fire & Rescue DBHS Clinicians	\$1,000,000 annually recurring	2511 dispatched	73 minutes average time on scene
Resource Re-Entry Center	DBHS Resource Re-Entry Center	\$1,041,188 annually recurring	5,621	15% increase in Case Management engagements 84% access one or more services
Law Enforcement Assisted Diversion (LEAD)	DBHS Case Managers in partnership with law enforcement	\$250,000 annually recurring	72	48 Diversion Referrals 23 Social Referrals
Crisis Stabilization	DBHS CARE Campus	\$1,500,000 annually recurring	992	7.67 days: Average length of stay
Pending Implementation	<ul style="list-style-type: none"> • UNMH Crisis Triage Center 			

Program Highlight

Fire Mobile Crisis Teams



The Department of Behavioral Health Services launched Fire Mobile Crisis Teams (FMCT) in June of 2021. The program is a collaborative effort that fills a crisis response gap by ensuring that individuals experiencing a crisis, who do not need law enforcement, receive rapid supports to address immediate behavioral health needs, have improved individual outcomes, and are connected to the most appropriate level of care.

Supports Include

- Teams are comprised of one behavioral health clinician and one paramedic who respond to lower level, 911 crisis calls for adults, adolescents, and their families at the request of on-scene law enforcement.
- Assessment of the basic physical needs.
- Onsite mental health assessment.
- Intervention supports for individuals in acute crisis.

Collaborative Partners :

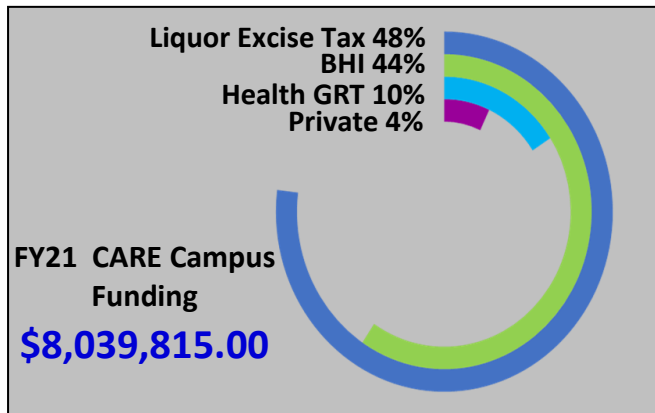
City of Albuquerque, Bernalillo County Fire Department, Bernalillo County Sheriff's Department, and Albuquerque Police Department.

CARE Campus Services

The Department of Behavioral Health Services provides a variety of direct care programs to reduce the impact of alcoholism, alcohol use, drug dependence, drug use and mental health conditions within the community. Bernalillo County's goal is to make our community a safe place to live and work. Clients from all walks of life participate in a variety of programs and services offered, including the Public Inebriate Intervention Program, Detoxification from Alcohol and Substance Use, the Supportive Aftercare Program, the Addiction Treatment Program, the Mariposa Residential Program, Renee's Project, and the Crisis Stabilization Unit.



All of the programs seek to provide services to individuals in need of financial assistance and intensive care, without regard for ability to pay. The direct care programs are housed at the CARE Campus, formally the MATS Campus. They are funded primarily through the Department of Finance and Administration's Liquor Excise Tax grant dollars, the behavioral health tax, and some private funding.



In 2021, the CARE Campus significantly expanded services to provide comprehensive behavioral health supports. Renovations on the campus have allowed for the opening of a new detox facility and administrative offices. Continued expansion will include the establishment of an on-campus outpatient clinic, an Observation and Assessment Unit, and Living Room Program.

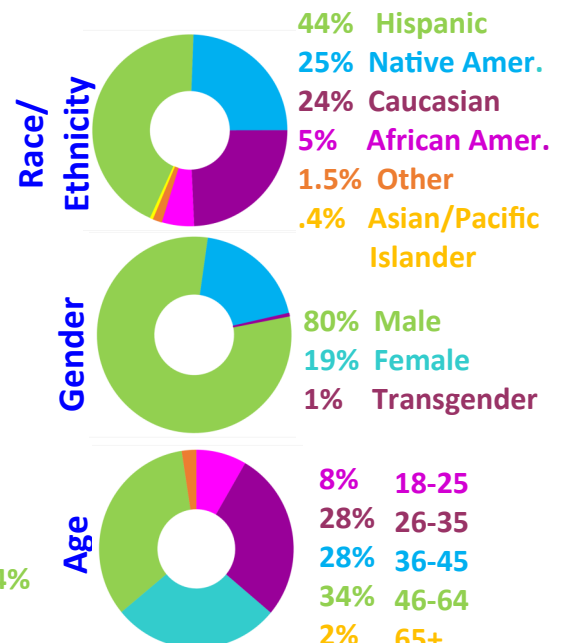
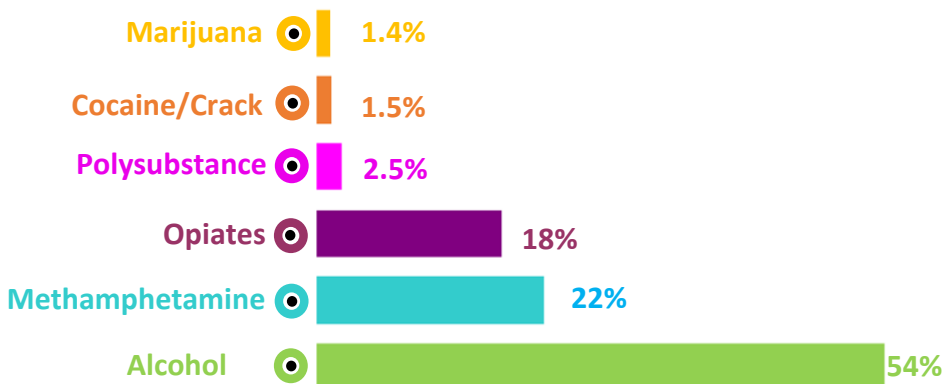
CARE Campus Demographics



30%
of individuals receiving supports are homeless.



80%
of individuals receiving supports report <\$10,000 in annual income.



CARE Campus: Supportive After Care Community

The CARF-accredited Supportive After Care Community (SAC) Program provides a low-intensity, residential service social model program designed to allow individuals to remain in a supportive recovery environment after completing alcohol and drug detoxification and/or rehabilitative services. Clients have the opportunity to reintegrate back into the community as productive members of society. The program provides a structured living environment that emphasizes daily living skills and long-term management of recovery. Clients in our community receive 1:1 help and coaching from staff and participate in group programming. SAC clients also engage in volunteering on our campus and within our community. Program participation in the Supportive Aftercare Community (SAC) program is voluntary and is provided at no cost to qualifying New Mexico residents seeking a supportive recovery environment after completing alcohol and drug detoxification and/or rehabilitative services.



Population Adults 18 years and older who have completed withdrawal management services.

Hours of Operation 24 hours/7 days a week , 30-120 day program.

Referral Sources Self refer, community providers. Admission is determined following an interview process.

Services Structured living environment, daily living skills and long-term management of recovery, Community Reinforcement Approach.

44

completed intakes in FY21

70.68

Average Days of Stay

46%

of individuals successfully complete SAC and/or are referred to other programs.

53%

of individuals have not returned to CARE Campus or MDC one year after discharge.

Mariposa Program

The Mariposa Program is a collaboration with the UNMH Milagro Program for pregnant and postpartum women who seek recovery from substances. Housing within the SAC community allows the women to keep their babies with them as they participate in SAC recovery programming. Currently, all clients are referred through the Milagro Program.

Collaborative Partners

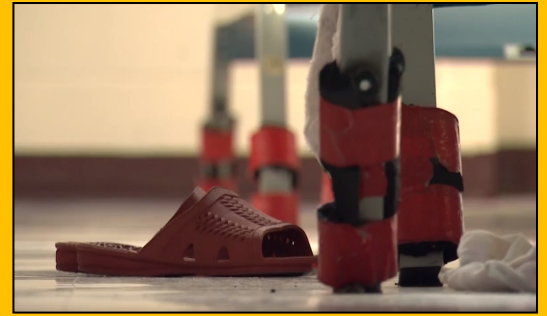
New Mexico Department of Health
University of New Mexico Hospital





CARE Campus: Social Model Detox

The Detox Program is a CARF-accredited program that provides a short-term social model service designed to provide safe medical withdrawal from substances and case management to connect with follow-up resources in the community. It also serves those individuals who would otherwise be transported by law enforcement or emergency medical services to jail or to one of the local emergency rooms.



Medical enhancement supports are available to clients through a collaborative effort with the University of New Mexico Hospital (UNMH), which ensures that clients detox in a safe environment. Suboxone is also offered to clients seeking Medication Assisted Treatment (MAT) for opioid addiction. Individuals can be connected with community services for continuation of MAT after discharge. Staff members provide observation, intervention, safety, and educational services on the disease of addiction to all clients entering the program. A major focus is on assisting clients with referral and access to long-term supports in the community.

Population

Adults 18 years and older in need of detoxification from alcohol or other substances

2,292

completed intakes in
FY21

Hours of Operation

24 hours/7 days a week

1,904

unduplicated individuals

Referral Sources

Self refer, community providers, hospital providers, first responders

30%

of individuals return to
CARE Campus.

Services

Medically safe detoxification, case management, therapeutic and educational services, referrals, Suboxone induction

15%

of individuals returning
more than once.

50%

greater probability of return
for homeless individuals.

The Department of Behavioral Health Services CARE campus completed renovations allowing for the opening of the new Detoxification Program with expanded space, increased health and safety measures, a centralized nursing/staff station, anti-ligature fixtures and equipment, new beds for clients, renovated bathrooms and showers, and semi-private rooms for individuals who have reached a level of stability in their detox.



CARE Campus: PIIP

The Public Inebriate Intervention Program (PIIP) was developed and implemented in Fiscal Year 2013. It is an effort to provide sobering services and minimize utilization of emergency hospital rooms and psychiatric emergency services. PIIP supports reduce the number of bookings at the Metropolitan Detention Center by providing to public inebriates brief respite, stabilization, observation, and placement support services at the CARE Campus.

Supports provide individuals a safe sobering place, a meal, connectivity to detoxification supports, and long-term treatment. The model used is up to a 24-hour stay and direct connectivity to participate in the CARE Detox Program.



Population

18 years+ and in need of sobering services
BAC >.025

Hours of Operation

24 hours/7 days a week

Referral Sources

Self refer, community providers, hospital providers, law enforcement officials, Emergency Medical Service response

1,928

FY21 completed intakes

992

unduplicated individuals

94%

of individuals return to the program for continued supports.

Observation & Assessment Unit

In FY22, the CARE Campus will expand the current PIIP program, which will become an Observation and Assessment Unit. The unit will expand services to include behavioral health supports as well as sobering supports. The unit will provide case management services and needs assessment to ensure the client is connected to appropriate support services.

Increased Service Duration

47hr 59min

Increased Capacity

60 spaces for individuals seeking behavioral health and sobering services

The Renee's Project supportive housing program provides supportive housing assistance and case management services for homeless women who have children and are recovering from drug and/or alcohol addiction. DBHS works closely with identified women to reintegrate them into the community after being homeless. Staff encourages and facilitates the reunification process between women and their minor children.

5 women participating

CARE Campus: Renee's Project

Population

Females, 18yrs + with children who are homeless and recovering from substance addiction.

Hours of Operation

24 hours/7 days a week

Referral Sources

Community based providers

CARE Campus: Crisis Stabilization Unit

The Crisis Stabilization Unit (CSU) is a CARF-accredited, state-licensed Crisis Triage Center designed for individuals experiencing a mental health crisis whose coping skills have been temporarily eclipsed by life events. The CSU program has the capacity for 16 beds, with a 14-day length of stay.

Services include daily living/socialization skills training, individual and group therapeutic activities offered within a supportive and client-centered treatment environment. CSU provides a warm hand-off to other community behavioral health facilities providing a higher level of care as needed. CSU accepts referrals from community and hospital providers.



Population	Adults 18 years and older in need of short term residential stay due to an emergent mental health need.
Hours of Operation	24 hours a day, 7 days a week
Referral Sources	Clients are referred from community and hospital based providers, including Psychiatric inpatient and outpatient services.
Services	16-bed/14-day residential clinical and case management support, discharge planning, yoga, journaling, and other therapeutic groups.

128 FY21 completed intakes

127 unduplicated individuals

93% of individuals return to the program for additional crisis supports.



CARE Campus: Addiction Treatment Program



ATP provides a four-week clinically managed inpatient jail-based treatment program for DWI offenders and offenders referred by the judicial system with addictions to alcohol and/or other drugs. The program utilizes a Community Reinforcement Approach-based treatment modality with relapse prevention planning, psycho-educational programming and life skills groups. Each program participant receives a week of structured assessment by a licensed clinical provider. The week of assessment is followed by three weeks of curriculum designed to provide a solid base core of knowledge and skills that can aid clients in maintaining a substance free life.

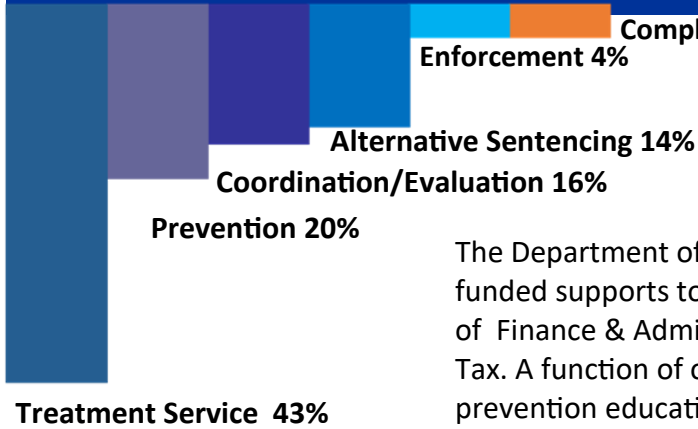
Population	MDC inmates who have been identified as having addiction treatment needs.
Hours of Operation	Two hours a day, five days a week, for four weeks.
Referral Sources	MDC as part of the intake assessment.
Services	Evidence-based therapy, relapse prevention planning, psycho-educational programming, and life skills groups.

61 completed intakes in FY21

60 unduplicated individuals

28 average participation days

DWI Services



FY21 DWI Services Funding

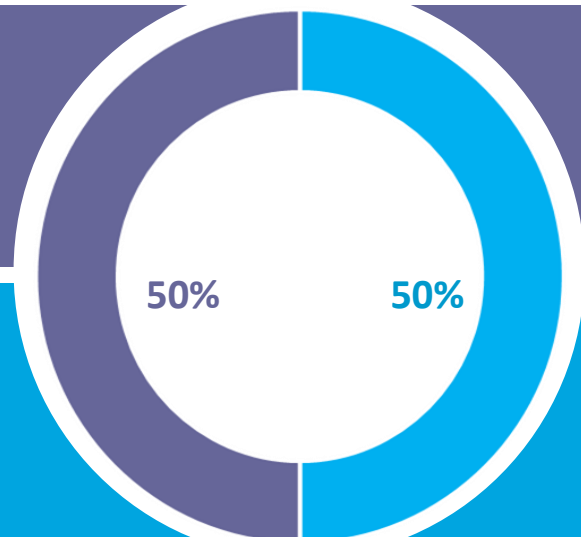
\$4,548,381.00

The Department of Behavioral Health Services administers various grant-funded supports to the community through the New Mexico Department of Finance & Administration's Local Government Division Liquor Excise Tax. A function of our department is to collaborate and facilitate prevention education, substance use treatment, alternative sentencing programs, and DWI enforcement service. Coordination and planning is provided by Bernalillo County to ensure the programs funded by the grant are implemented with compliance. Evaluation is provided by the University of New Mexico Institute for Social Research to ensure programs and services are implemented with fidelity.

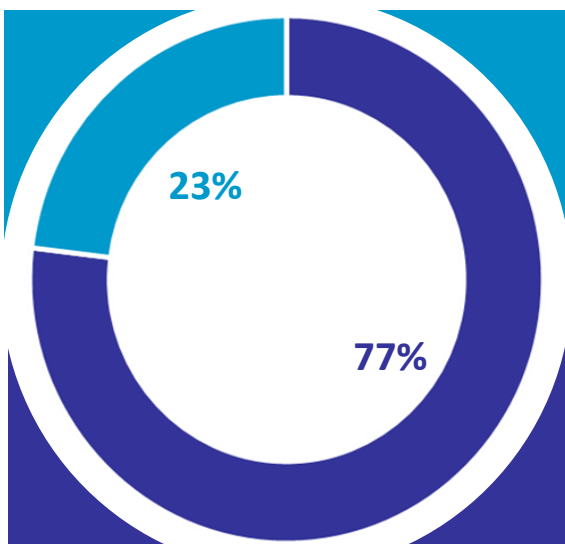
Treatment

New Mexico Solutions provides intensive outpatient and outpatient substance use treatment service to adults, case management services, and individual and family treatment.

Centro Sávilá provides an intensive outpatient (IOP) and outpatient (OP) substance use treatment service to adults who have a current or pending DWI charge. Supports include case management, individual and family treatment, bilingual services, and services to undocumented clients.



Alternative Sentencing



Metropolitan Detention Center provides a Community Custody Program to DWI offenders through reintegration, electronic monitoring, random drug testing, random home visits, weekly meeting requirements, treatment tracking, and compliance.

Youth Services Center provides an eight-week early intervention program that includes psychoeducational groups and activities to a minimum of 70 screened youth offenders booked with a DWI, MIP (Minor in Possession), or those referred through the court process.

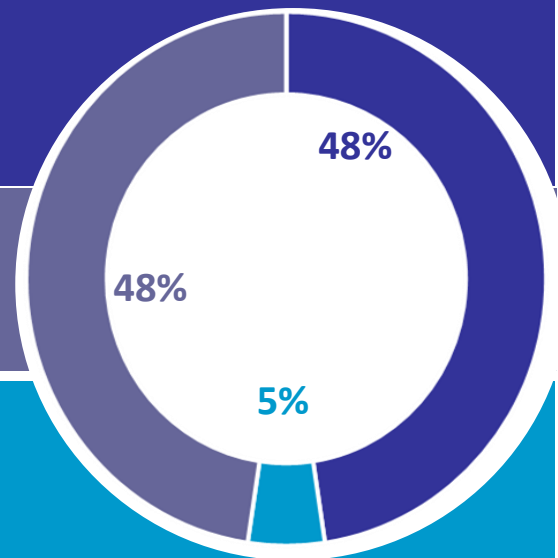
Prevention efforts supporting elementary students

Prevention

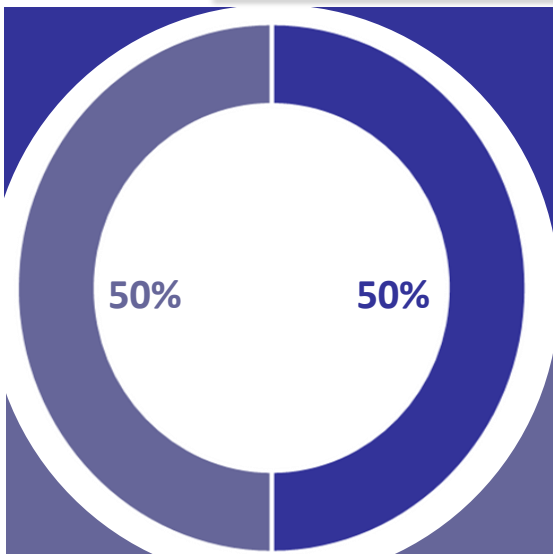
Youth Life Matters provides an annual eight-session Protecting You, Protecting Me curriculum to a minimum of 400 students in kindergarten to 5th grade. It includes a pre- and post-test.

Envision Your Future curriculum is provided to elementary students in community centers and afterschool programs and is intended to develop emotional/social intelligence to encourage healthy choices regarding alcohol and drugs.

Boys and Girls Club implements the Positive Action curriculum at Emerson Elementary School, which is effective for mental health and academic achievement.



Prevention efforts supporting high school and middle school students



Safe Teen, NM provides a school assembly program that uses components of the “Every 15 Minutes” program. The program is at five APS high schools and two charter schools/youth organizations to create awareness of negative driving behaviors or dangers of alcohol and/or drug use and promotes positive decision making by high school students.

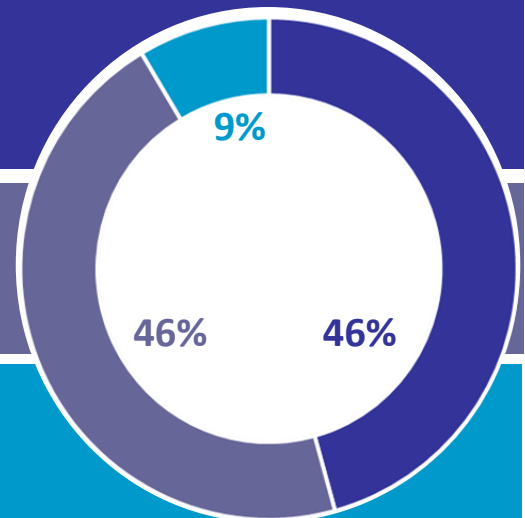
All Stars is provided by the Public Safety Psychology Group. It’s a SAMHSA evidence-based prevention curriculum for youth in six APS and two charter middle schools. All Stars is a 12-week, school-based program for middle school students designed to prevent and delay the onset of high-risk behaviors.

Prevention efforts supporting youth adults, parents, and administrators

The Be Above the Influence curriculum provides presentations through direct engagement with students, teachers, administrators, and school staff, so that the goals and mission of the campaign are reinforced.

MADD provides two national research-based prevention programs: 1) Power of Youth, focused on middle and high school students; and 2) Power of Parents, workshops educating parents to talk with their teens about alcohol use.

Alcohol Literacy Challenge presentations are for incoming freshmen at the University of New Mexico. The presentations are about Alcohol Expectancy Theory, alcohol dosage, UNM social norms statistics, and alcohol safety.

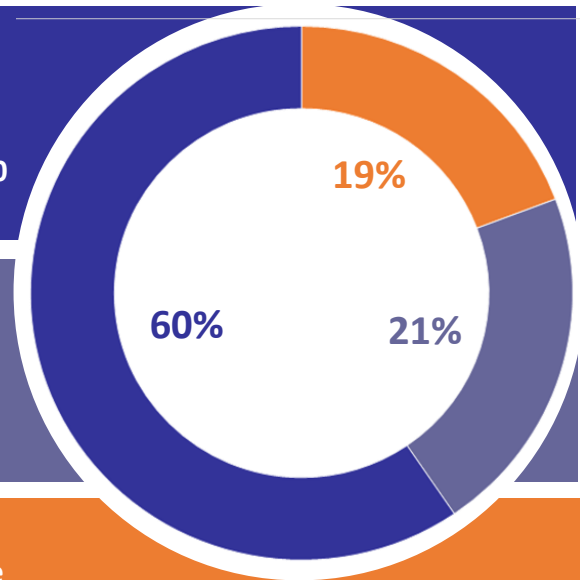


Outreach and administration of prevention efforts

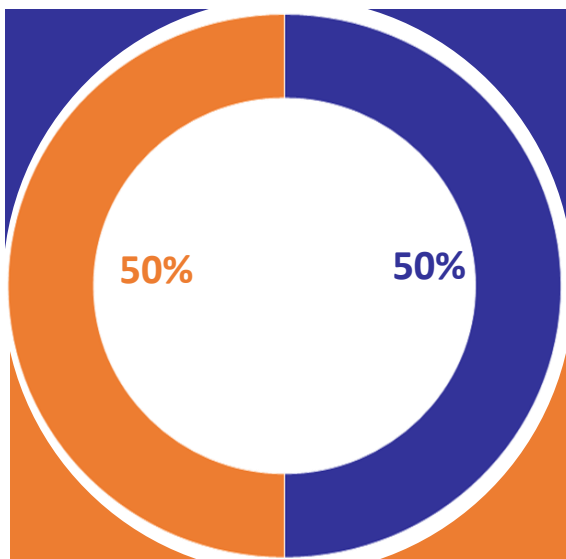
Take a Ride on Us is provided by Cumulus Media Broadcasting in partnership with Uber to provide a safe ride home to inebriated individuals in Bernalillo County. The program is available on various holidays and covers the first \$10 of the safe ride.

Prevention Works provides a credentialed and certified prevention program with certified prevention specialists. Specialists ensure oversight of the program and provide technical assistance, strategies, and evaluation.

Be Above the Influence is a “Best Practices” social marketing and youth education campaign. The main goal of the campaign is to prevent and reduce underage drinking in Bernalillo County.

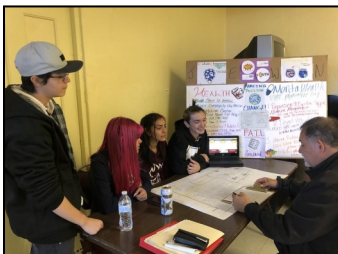


Enforcement Services



The Albuquerque Police Department provides DWI enforcement services to reduce the incidences of DWI and DWI-related crashes through DWI checkpoints, saturation patrols, underage alcohol purchase stings, and special saturation patrols.

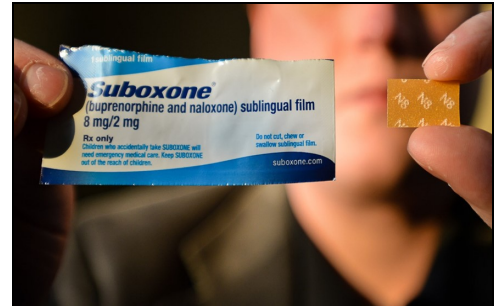
The Bernalillo County Sheriff's Department provides DWI enforcement services to reduce the incidences of DWI and DWI-related crashed through DWI checkpoints, saturation patrols, underage alcohol purchase stings, and special saturation patrols.



DBHS continues to expand its ability to improve behavioral health outcomes in Bernalillo County by maintaining strong partnerships with local government, community providers, and the community. As we strive to meet our strategic goals and respond to the needs of the community, we describe our next steps below. DBHS will continue to improve behavioral health outcomes in Bernalillo County through innovative, cohesive and measurable programs, treatment services, and supports aimed at preventing crisis incidents and substance use disorders.

Expansion of Medication Assistance Treatment

In September 2021, DBHS announced the implementation of the buprenorphine maintenance program at the Metropolitan Detention Center (MDC) through a partnership with Recovery Services of New Mexico and MDC. The program provides buprenorphine maintenance dosing to individuals incarcerated at MDC and diagnosed with an opioid use disorder.



In addition to the on-site dispensing of a generic mono-product buprenorphine tablet, Recovery Services will provide comprehensive bio-psychosocial clinical assessment of individuals; behavioral counseling and case management services as necessary; and medication assessment by on-site medical providers. This effort is part of a systemwide approach to expand the availability of behavioral health services through the Behavioral Health Initiative to community members, families and individuals with behavioral health needs within the county.

To further these efforts, the department is in the early development process to determine the potential to expand the service provision to include buprenorphine induction.

Crisis Triage Center, Psychiatric Replacement Hospital, and Living Room Model Program

UNMH's Crisis Triage Center (CTC) program is in development. It will serve adults 18 and older who have a severe mental health and/or co-occurring diagnoses. The CTC will provide support for individuals who do not meet the criteria for psychiatric acute inpatient placement but require active treatment necessary to appropriately address presenting psychiatric conditions. The goal is to help individuals maintain functional ability and to prevent relapse or hospitalization.

Project update: The project design is currently under development and anticipated costs and project timelines are scheduled for completion in November 2021.

